

PARSS eNews

A Pennsylvania Education News Blast



Greetings PARSS Members,

All of us at PARSS wish you a productive second half of the school year marked with good health and high achievement. As you get back to work, here's a rundown of events and activity that has occupied staff here.

- Thanks to those superintendents who sent in photos of teachers receiving PARSS grants. The photographs are now on the PARSS website. It's my desire to publish photographs of all grant recipients. If you haven't photographed personnel from your district, try to do so in the next few weeks. It's a good-news story and a great way to promote your staff and the work they do.
- The school-funding lawsuit grinds on, and we expect you've been keeping up with daily updates and the compelling testimony presented. We hope for a very favorable outcome.
- We have applied for ACT 45 hours for our annual conference and have secured 25 hours for attendees who complete the required work.
- The conference will be held in-person and PARSS will follow hotel guidelines to maximize the health and safety of all participants.
- All conference speakers have been finalized. Registration is open for attendees! Expect schedule information to be made public soon.
- Our membership for the year has reached an all-time high of 213 members. We thank you for your support.

- PARSS will continue to advocate as an organization for proper and well-deserved funding for education.
- Legislative reports will continue to be provided for you and, as always, we are here to assist you any way we can.

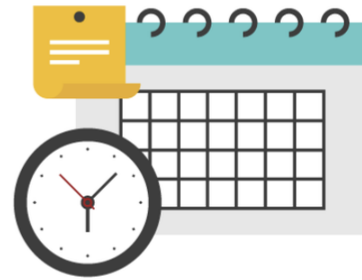
Once again, we wish you much success for the 2022 year!

Sincerely,
Edward Albert, Ed.D.
Executive Director



*****Please note***** If you have already confirmed your attendance with Ashley, you ***DO NOT*** need to complete the registration form. If you are unsure, or have questions, contact Ashley at arednak@parss.org. *Thank you!*

*Conference Schedule is
NOW Available HERE!*



Please WELCOME Our Newest PARSS Members!

Antietam School District	Belle Vernon Area School District
	
Duquesne City School District	Hanover Area School District
	
Hanover Public School District	Harbor Creek School District
	
Keystone School District	Weatherly Area School District
	

[Click here to search job postings in PARSS Districts!](#)

13 Inspiring Traits of
Exceptional Leaders

1. They trust you to do the job you've been hired to do.
2. They seek your advice and input.
3. They find opportunities to let you shine.
4. They recognize your contributions.
5. They have your back during tough times.
6. They are master storytellers.
7. They challenge you to do bigger and better things.
8. They express appreciation.
9. They are responsive.
10. They know when to apologize.
11. They give credit where credit is due.
12. They treat others with dignity and respect.
13. They care.

Glenn Leibowitz

Why Resilient Leadership Is Important



Source: The Center for Creative Leadership

Resilience is our ability to bounce back from adversity. It's what allows us to recover from change or hardship, whether in the workplace or in life, more generally. Today, changes seem to come at lightning speed – and our resilience is tested more than ever.

As a leader, it's important that you demonstrate resiliency for your colleagues at work. **Someone with resilient leadership is someone who demonstrates the ability to see failures as minor setbacks, with the tenacity to bounce back quickly.** In difficult times, your people are looking to you for

emotional strength and courage as you remain positive and look for new opportunities. They're looking for you to set the direction and light the path.

If you practice resilient leadership, you'll project a positive outlook that can help others maintain the emotional strength they need to commit to a shared vision, and the courage to move forward and overcome setbacks. Not only will that help to broaden your own outlook and build resilient leadership, but it will also inspire your team to become more adaptable.

8 Steps to Enhance Resilient Leadership

1. Develop and nurture a **broad network of personal and professional relationships**. Personal relationships create a strong base of support — a critical element in achieving goals, dealing with hardships, and developing perspective. Remember that relationships are important for your team, too.
2. Be intentional about setting aside time to contact your connections. **Socialization** outside of work conference calls is important and should be part of our daily routines, even if it's brief.
3. In addition to lowering your blood pressure and cholesterol, we know that **regular exercise** improves your ability to process stress and simultaneously increases your resilience.
4. Detaching from work and making time for the recommended **7-8 hours of sleep each night** is scientifically proven to strengthen resilient leadership.
5. Whether you're celebrating success or enduring hardship, make time for mindfulness. **Mindfulness** fosters learning, new perspectives, and a degree of self-awareness that can enhance your resilience.
6. **Embrace new perspectives**, gain new understandings, and apply them during times of change. Don't hold onto old behaviors and skills just because they're familiar, especially when it's obvious that they don't work anymore. Remember, great leaders are great learners.
7. Deliberately enhance and prolong your positive moods, experiences, and emotions **by savoring** them intentionally. Consciously savoring the good things in life is important because neuroscience research suggests that our brains have a negativity bias, so leaders must be intentional about reaching for positivity in order to enhance resilient leadership.
8. Take time to acknowledge and appreciate small things throughout your day. The more purposeful you are about **practicing gratitude**, the more things will naturally trigger a feeling of thankfulness.

Together, these 8 resilient leadership practices will make you a happier, more successful person, both as a leader at work and as an adaptable, future-ready individual.

A rectangular box with a semi-transparent background showing a forest of tall, thin trees. The text is centered within this box.

“

Great leaders are almost always great simplifiers, who can cut through argument, debate, and doubt to offer a solution everybody can understand.

- GENERAL COLIN POWELL

Top 10 Leadership Qualities

1. **Honesty and Integrity** - “The supreme quality of leadership is unquestionable integrity.”
2. **Confidence** - “As a leader, you have to be oozing with confidence.”
3. **Inspire Others** - “Inspire your followers by setting a good example.”
4. **Commitment and Passion** - “Be passionate and get your hands dirty.”
5. **Good communicator** - “You must communicate your message effectively.”
6. **Decision-making Capabilities** - “Decisions made by leaders have a profound impact on their people.”
7. **Accountability** - Everyone on the team is accountable for what they are doing, starting with the leader.”
8. **Delegation and Empowerment** - “Empower your followers and delegate tasks to them.”
9. **Creativity and Innovation** - “Innovation distinguishes a leader from a follower.”
10. **Empathy** - “Leaders should develop empathy with their followers.”



Contact Us

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Dr. Edward Albert, Executive Director

Dr. Joseph Clapper, Asst. Executive Director

Dr. Jon Rednak, Financial Officer

Dr. Ashley Rednak, Conference Coordinator and Newsletter Editor

Dr. Woodrow Sites, Emeritus Historian

 113 Stone Hedge Ct, Lebanon, ...

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